



HADDENHAM

easywrap<sup>®</sup>

COMPRESSION MADE EASY



# CONTENTS



**Introduction**  
Page 4 ▶



**Features & Benefits**  
Page 6 ▶



**easywrap Leg**  
Page 18 ▶



**easywrap Foot**  
Page 20 ▶



**easywrap Thigh**  
Page 22 ▶



**easywrap Liners**  
Page 24 ▶



**easywrap Arm**  
Page 26 ▶



**easywrap Hand**  
Page 28 ▶

# INTRODUCTION

**Haddenham easywrap is a UK patented compression wrap system for the treatment of lymphedema, chronic edema and various other swelling related conditions.**

**easywrap garments consist of overlapping, single-layer textile bands that are worn over a protective liner.**

**Its low profile design means that it can be worn comfortably under most everyday clothing and footwear...**



**...even jeans!**

## TWO COMPRESSION CLASSES

**easywrap strong** 30-40mmHg provides similar stretch to a traditional short-stretch bandage, with excellent static stiffness performance.

OR

**easywrap light** 20-30mmHg is a more stretchy fabric suitable for mild to moderate compression needs and palliative care.



The mechanically limited stretch of the bands gives them an easy to feel “lock-out” or “end stretch”, which makes the bands easy to apply at the correct tension.

# COMPRESSION WRAP SYSTEM

easywrap lower limb is comprised of a three part garment system, designed to be used either individually or in combination.





## WITH LINERS INCLUDED

**Worn beneath the wrap system; liners form a barrier between the limb and the easywrap that absorbs sweat and traps odors, reducing the need to wash the easywrap. Liners are available in both A-g and A-d lengths.**



## LOW PROFILE DESIGN

**easywrap's low profile design means that it can be worn comfortably under most everyday clothing & footwear.**



# PATENTED KNEE SECTION

An easy to apply three band system.  
Included with easywrap **THIGH**.

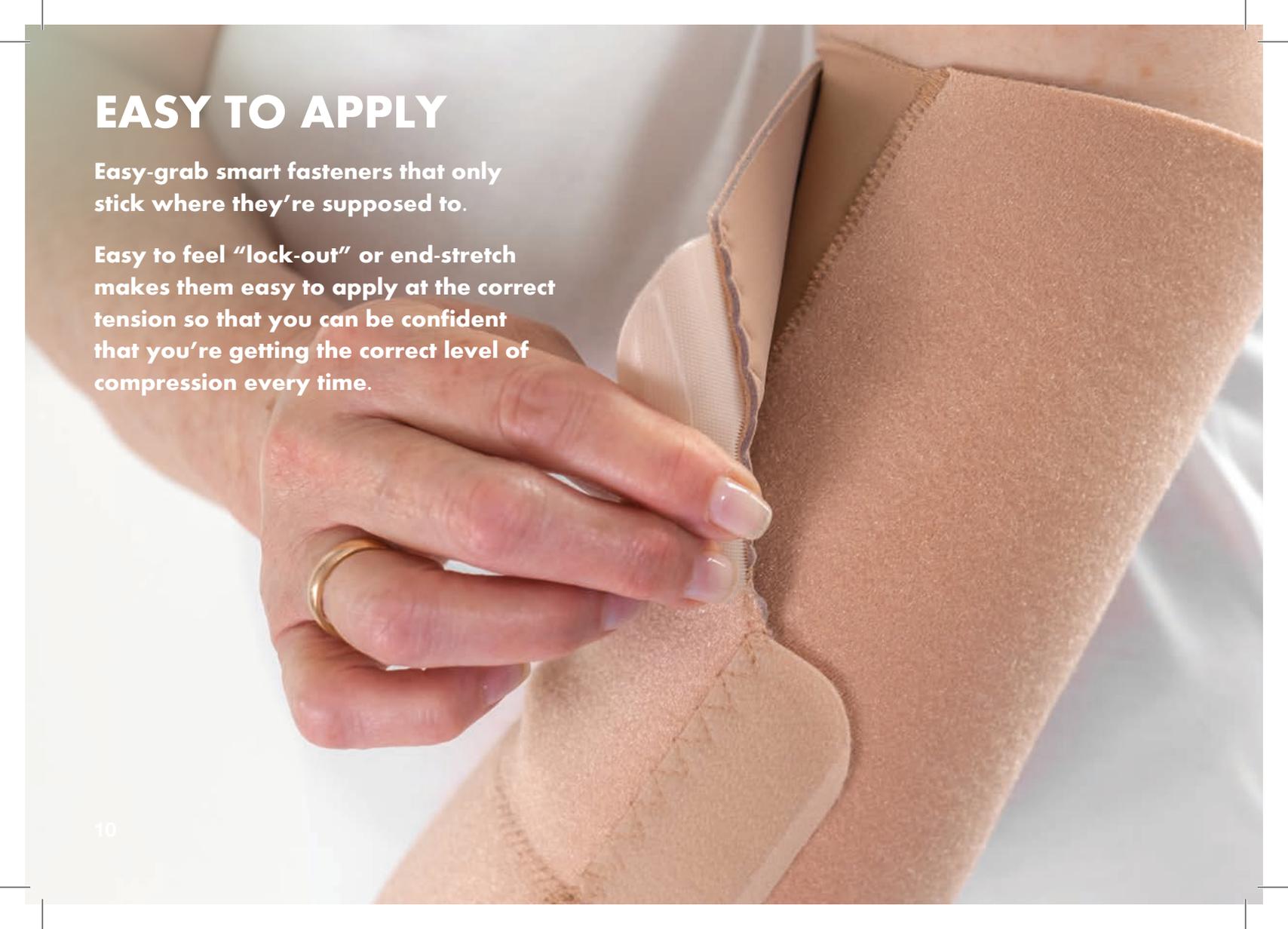
Elliptical cut with spacer foam pad  
increases comfort and mobility while  
reducing pinching behind the knee



# EASY TO APPLY

Easy-grab smart fasteners that only stick where they're supposed to.

Easy to feel "lock-out" or end-stretch makes them easy to apply at the correct tension so that you can be confident that you're getting the correct level of compression every time.



# NO LOSS OF DEXTERITY

Also available for treatment of the upper limb, easywrap arm and hand garments suffer no loss of dexterity while maintaining compression.

easywrap® ARM and HAND worn with a Microfine® Glove

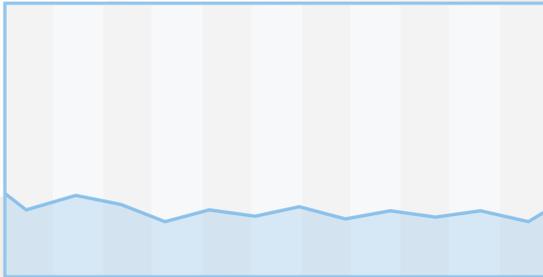
## ENCOURAGES MOBILITY

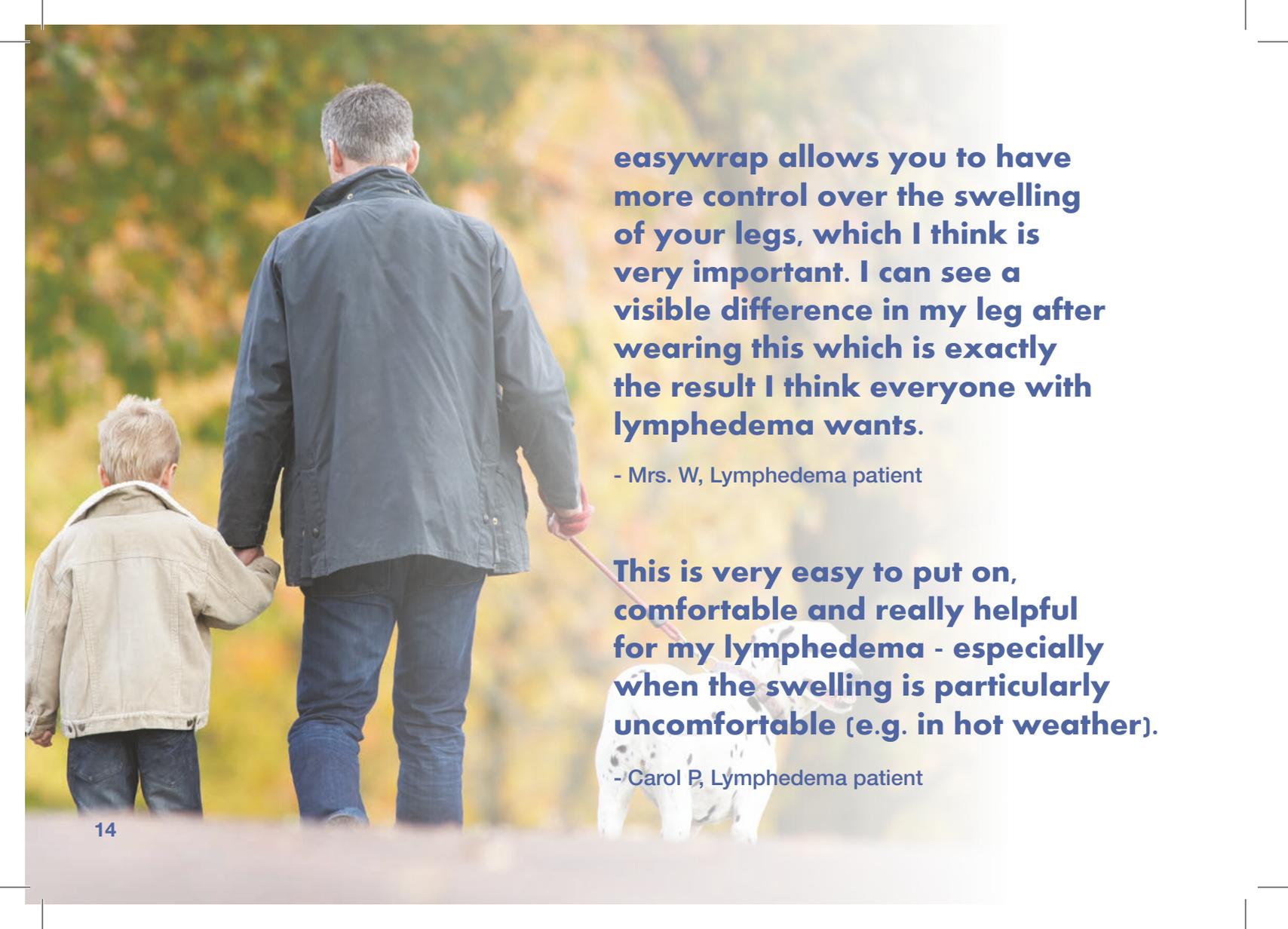
High working pressures mean that the more active you are, the better your lymphatic system will work to reduce edema.



# MAINTAINS LIMB REDUCTION

...and when you're less active  
easywrap's lower resting pressures  
maintain limb reduction.





**easywrap allows you to have more control over the swelling of your legs, which I think is very important. I can see a visible difference in my leg after wearing this which is exactly the result I think everyone with lymphedema wants.**

- Mrs. W, Lymphedema patient

**This is very easy to put on, comfortable and really helpful for my lymphedema - especially when the swelling is particularly uncomfortable (e.g. in hot weather).**

- Carol P, Lymphedema patient

“Patients who have previously been non concordant with treatment, whether that be due to the psychosocial aspects of bandages or the inability to apply compression garments have all experienced and increase in quality of life when using easywrap. ”

“Evidence suggested in the literature review and clinical case studies demonstrates that velcro compression wraps may be safer to apply than short stretch bandages. ”

Download  
clinical case  
studies and article  
[www.easywrap.info](http://www.easywrap.info)

British Journal of  
Community Nursing

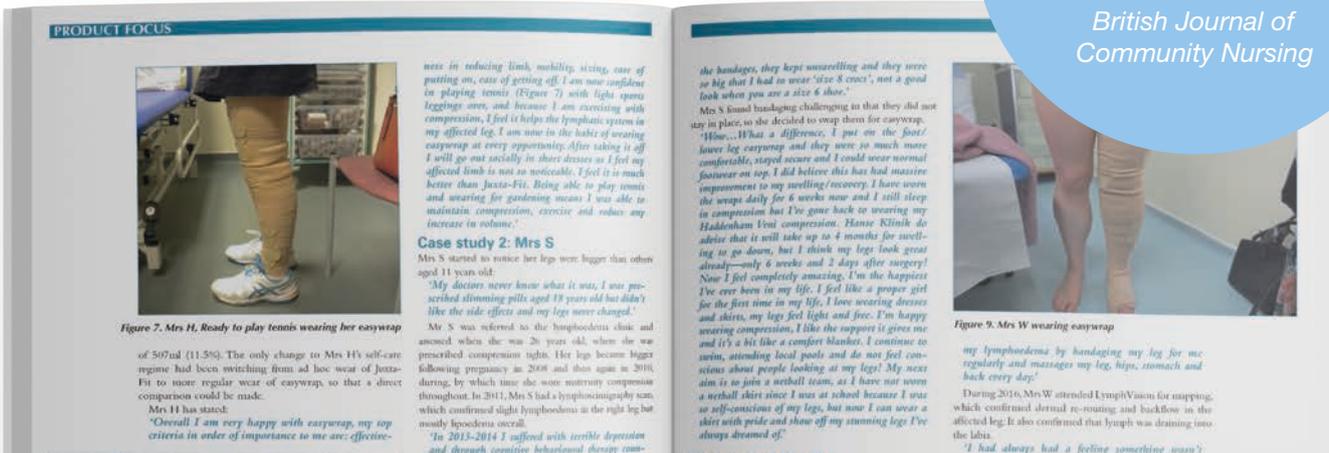


Figure 7. Mrs H, Ready to play tennis wearing her easywrap of 507ml (11.5%). The only change to Mrs H's self-care regime had been switching from ad hoc wear of Juxta-Fit to more regular wear of easywrap, so that a direct comparison could be made.

Mrs H has stated:  
*'Overall I am very happy with easywrap, my top criteria in order of importance to me are: effective-*

*ness in reducing limb mobility, sizing, ease of putting on, ease of getting off. I am now confident in playing tennis (Figure 7) with light sports leggings over, and because I am exercising with compression, I feel it helps the lymphatic system in my affected leg. I am sure in the habit of wearing easywrap at every opportunity. After taking it off I will go out socially in short dresses as I feel my affected limb is not so noticeable. I feel it is much better than Juxta-Fit. Being able to play tennis and wearing for gardening means I was able to maintain compression, exercise and reduce any increase in volume.'*

**Case study 2: Mrs S**

Mrs S started to notice her legs were bigger than others aged 11 years old.

*'My doctors never knew what it was, I was prescribed slimming pills aged 18 years old but didn't like the side effects and my legs were changed.'*

Mrs S was referred to the lymphoedema clinic and assessed when she was 26 years old, when she was prescribed compression tights. Her legs became bigger following pregnancy in 2008 and then again in 2010, during, by which time she wore maternity compression throughout. In 2011, Mrs S had a lymphoscintigraphy scan, which confirmed slight lymphoedema in the right leg but mostly lymphoedema occurred.

*'In 2013-2014 I suffered with terrible depression and through cognitive behavioural therapy coun-*

*the bandages, they kept unwrapping and they were so big that I had to wear 'size 8 crutches', not a good look when you are a size 6 shoe.'*

Mrs S found bandaging challenging in that they did not stay in place, so she decided to wrap them for easywrap.

*'How... What a difference, I put on the first easywrap at every opportunity. After taking it off I will go out socially in short dresses as I feel my affected limb is not so noticeable. I feel it is much better than Juxta-Fit. Being able to play tennis and wearing for gardening means I was able to maintain compression, exercise and reduce any increase in volume.'*

Mrs S started to notice her legs were bigger than others aged 11 years old. Mrs S was referred to the lymphoedema clinic and assessed when she was 26 years old, when she was prescribed compression tights. Her legs became bigger following pregnancy in 2008 and then again in 2010, during, by which time she wore maternity compression throughout. In 2011, Mrs S had a lymphoscintigraphy scan, which confirmed slight lymphoedema in the right leg but mostly lymphoedema occurred. In 2013-2014 I suffered with terrible depression and through cognitive behavioural therapy coun-



Figure 9. Mrs W wearing easywrap

*my lymphoedema by bandaging my leg for me regularly and massages my leg, hips, stomach and back every day.'*

During 2016, Mrs W attended LymphVision for mapping, which confirmed distal re-routing and backflow in the affected leg. It also confirmed that lymph was draining into the labia.

*'I had always had a feeling something wasn't*

# COST EFFECTIVE AND TIME SAVING

78 Hours  
Nursing Time

7 Hours  
Nursing Time





Pre-Treatment



After 4 Weeks



After 8 Weeks

**“This wound had compression therapy applied solely by using Easywrap; within 1 month, the wounds had epithelialised, and within 6 weeks, they had healed completely.”**

- British Journal of Community Nursing, April 2019 Vol 24, No 4, Chronic Oedema 2019

Cost and time comparison based over 6 months, treating bilateral legs and does not include travel time, primary wound dressings or mileage expenses. Cost comparisons based on those used in: [https://hadhealth.com/assets/articles/BJCN\\_24\(4\)\\_Haddenham\\_PF\\_web.pdf](https://hadhealth.com/assets/articles/BJCN_24(4)_Haddenham_PF_web.pdf)  
Figures accurate as of 2019.

...to read the full article

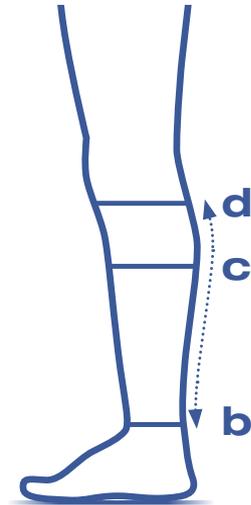


SCAN

ME

# LEG

Circumference cm	XS	S	M	L	XL
<b>c</b> WIDEST POINT OF CALF	38-45	44-52	50-60	55-65	60-70
<b>b</b> ANKLE	23-27	28-32	33-38	39-44	45-52
<b>Length</b> cm	REGULAR		TALL		
<b>b-d</b> ANKLE TO BELOW KNEE	30-34		34-38		



## light

20-30 mmHg

REGULAR

TALL

XS	EL-LR1	EL-LT1
S	EL-LR2	EL-LT2
M	EL-LR3	EL-LT3
L	EL-LR4	EL-LT4
XL	EL-LR5	EL-LT5
XS	ELB-LR1	ELB-LT1
S	ELB-LR2	ELB-LT2
M	ELB-LR3	ELB-LT3
L	ELB-LR4	ELB-LT4
XL	ELB-LR5	ELB-LT5

## strong

30-40 mmHg

REGULAR

TALL

ES-LR1	ES-LT1
ES-LR2	ES-LT2
ES-LR3	ES-LT3
ES-LR4	ES-LT4
ES-LR5	ES-LT5
ESB-LR1	ESB-LT1
ESB-LR2	ESB-LT2
ESB-LR3	ESB-LT3
ESB-LR4	ESB-LT4
ESB-LR5	ESB-LT5



# FOOT

Circumference cm

**XS**

**S**

**M**

**L**

**XL**

**a<sup>1</sup> MID-FOOT**

22-24

25-27

28-30

31-34

35-40

**Length** cm

**a-heel**

**REGULAR**

14.5-16.5

16-18

17.5-19.5

19-21

21-23

**LONG**

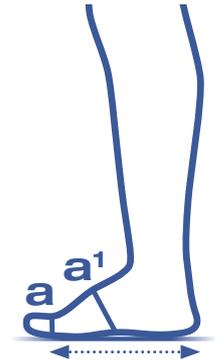
16.5-18.5

18-20

19.5-21.5

21-23

23-25



## light

20-30 mmHg

REGULAR

LONG

XS	EL-FR1	EL-FL1
S	EL-FR2	EL-FL2
M	EL-FR3	EL-FL3
L	EL-FR4	EL-FL4
XL	EL-FR5	EL-FL5
<b>XS</b>	ELB-FR1	ELB-FL1
<b>S</b>	ELB-FR2	ELB-FL2
<b>M</b>	ELB-FR3	ELB-FL3
<b>L</b>	ELB-FR4	ELB-FL4
<b>XL</b>	ELB-FR5	ELB-FL5

## strong

30-40 mmHg

REGULAR

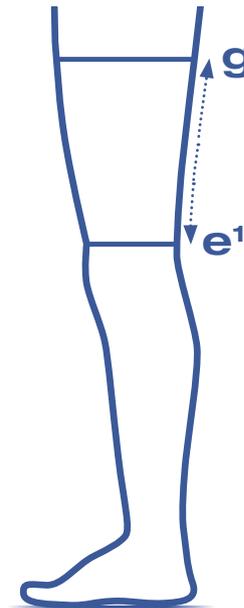
LONG

ES-FR1	ES-FL1
ES-FR2	ES-FL2
ES-FR3	ES-FL3
ES-FR4	ES-FL4
ES-FR5	ES-FL5
ESB-FR1	ESB-FL1
ESB-FR2	ESB-FL2
ESB-FR3	ESB-FL3
ESB-FR4	ESB-FL4
ESB-FR5	ESB-FL5



# THIGH WITH KNEE

Circumference cm	XS	S	M	L	XL
<b>g</b> JUST BELOW GROIN	60-70	65-75	70-80	75-90	85-100
<b>e<sup>1</sup></b> BOTTOM OF THE THIGH	47-52	53-59	60-66	67-73	74-80
<b>Length</b> cm					
<b>e<sup>1</sup>-g</b> THIGH TO GROIN	SHORT	REGULAR	TALL		
	16-20	20-24	25-30		



## light

20-30 mmHg

SHORT

REGULAR

TALL

XS	EL-TS1	EL-TR1	EL-TT1
S	EL-TS2	EL-TR2	EL-TT2
M	EL-TS3	EL-TR3	EL-TT3
L	EL-TS4	EL-TR4	EL-TT4
XL	EL-TS5	EL-TR5	EL-TT5
XS	ELB-TS1	ELB-TR1	ELB-TT1
S	ELB-TS2	ELB-TR2	ELB-TT2
M	ELB-TS3	ELB-TR3	ELB-TT3
L	ELB-TS4	ELB-TR4	ELB-TT4
XL	ELB-TS5	ELB-TR5	ELB-TT5

## strong

30-40 mmHg

SHORT

REGULAR

TALL

ES-TS1	ES-TR1	ES-TT1
ES-TS2	ES-TR2	ES-TT2
ES-TS3	ES-TR3	ES-TT3
ES-TS4	ES-TR4	ES-TT4
ES-TS5	ES-TR5	ES-TT5
ESB-TS1	ESB-TR1	ESB-TT1
ESB-TS2	ESB-TR2	ESB-TT2
ESB-TS3	ESB-TR3	ESB-TT3
ESB-TS4	ESB-TR4	ESB-TT4
ESB-TS5	ESB-TR5	ESB-TT5



# A-d LINERS

Suitable for use with easywrap foot and leg garments. Please select the appropriate size for your easywrap garments.

COLOR

XS / S / M

L / XL



SAND

E-L-AD

E-L-ADW



BLACK

EB-L-AD

EB-L-ADW



# A-g LINERS

Suitable for use with easywrap foot, leg and thigh garments. Please select the appropriate size for your easywrap garments.

COLOR

XS / S / M

L / XL



SAND

E-L-AG

E-L-AGW



BLACK

EB-L-AG

EB-L-AGW



# ARM

Circumference cm

S

M

L

XL

**g** AXILLA

22-31

29-39

32-45

36-50

**e** ELBOW CREASE

20-27

25-34

30-40

32-43

**c** WRIST CREASE

14-18

16-21

19-25

19-25

**Length** cm

SHORT

REGULAR

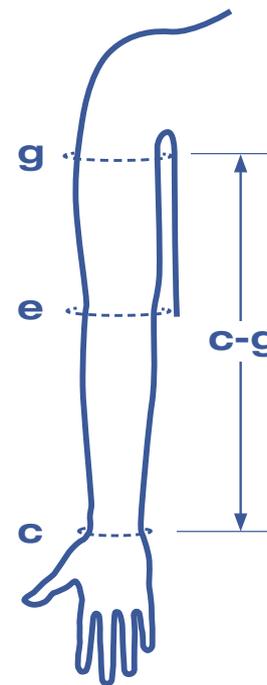
LONG

**c-g** AXILLA TO WRIST

40-44

44-48

48-52



## left

20-30 mmHg

SHORT

REGULAR

LONG

S	EL-AS2L	EL-AR2L	EL-AL2L
M	EL-AS3L	EL-AR3L	EL-AL3L
L	EL-AS4L	EL-AR4L	EL-AL4L
XL	EL-AS5L	EL-AR5L	EL-AL5L
S	ELB-AS2L	ELB-AR2L	ELB-AL2L
M	ELB-AS3L	ELB-AR3L	ELB-AL3L
L	ELB-AS4L	ELB-AR4L	ELB-AL4L
XL	ELB-AS5L	ELB-AR5L	ELB-AL5L

## right

20-30 mmHg

SHORT

REGULAR

LONG

EL-AS2R	EL-AR2R	EL-AL2R
EL-AS3R	EL-AR3R	EL-AL3R
EL-AS4R	EL-AR4R	EL-AL4R
EL-AS5R	EL-AR5R	EL-AL5R
ELB-AS2R	ELB-AR2R	ELB-AL2R
ELB-AS3R	ELB-AR3R	ELB-AL3R
ELB-AS4R	ELB-AR4R	ELB-AL4R
ELB-AS5R	ELB-AR5R	ELB-AL5R



# HAND

Circumference cm

**XS**

**S**

**M**

**L**

**b** PALM AT FOLD OF THUMB

<19

19-21

21-23

>24

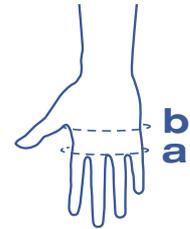
**a** PALM AT BASE OF FINGERS

<18

18-20

20-22

>22



## left

20-30 mmHg

### REGULAR

XS	EL-HL1
S	EL-HL2
M	EL-HL3
L	EL-HL4
<b>XS</b>	ELB-HL1
<b>S</b>	ELB-HL2
<b>M</b>	ELB-HL3
<b>L</b>	ELB-HL4

## right

20-30 mmHg

### REGULAR

EL-HR1
EL-HR2
EL-HR3
EL-HR4
ELB-HR1
ELB-HR2
ELB-HR3
ELB-HR4







EWBUS-002 ver.05

**easywrap**<sup>®</sup>

Haddenham LLC  
3300 International Airport Drive  
Suite 1100  
Charlotte, NC 28208, USA



[www.haddenham.com](http://www.haddenham.com)



800-734-8904



[sales@us.haddenham.com](mailto:sales@us.haddenham.com)